

*just add water and vegetables*

## LENTIL BARLEY Soup Mix

Ingredients: lentils, barley, dried bouillon, dried onion, dried tomatoes, and seasonings.

*made with love*

To:

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## LENTIL BROWN RICE Soup Mix

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**Gather:**

jar of soup mix  
6 cups water  
3 medium carrots, sliced (or other veg)  
1-1/2 cups chopped cooked chicken (or  
sausage), optional

**Cook:**

Add soup mix and all ingredients to a large soup pot.  
Bring to boiling.  
Reduce heat, cover and simmer 35-40 minutes or until  
barley is tender. Salt to taste.

Makes 6 servings.

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Reduce heat, cover and simmer 35-40 minutes or until rice  
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